



North East Independent School District

AAAA-NorthEast “BB” and Faster Alamo Mile

May 31, 2024



Meet Information

Meet Director: Cory Bolleter 210-356-6929 cbolle@neisd.net	Meet Referee Rick Russell 210-834-7409 rd.russ@yahoo.com	Entries Chair: Cory Bolleter 210-356-6929 cbolle@neisd.net	Admin Official: Cody Mackall 419-677-1514 cody.a.mackall@gmail.com
--	--	--	--

Meet: ● 2024 ST AAAA-NE “BB” and Faster Alamo Mile
(11 years of age and older athletes)

Sanction #: ● ST-24-68cm

Date: ● Friday, May 31, 2024

Entry Deadline: ● Tuesday, May 21st by 1200 hours

Age up Date: ● The age of the swimmer will be his / her age on May 31, 2024, which must be 11 or older.

- Venue:** ● Bill Walker Pool - (Long Course)
● Blossom Athletic Center (Northeast Stadium)
● Jones-Maltsberger Road at Starcrest Drive or East Bitters Road
● San Antonio, TX 78216 / 210-356-6925

- Meet Format:** ● This event will be mixed gender, seeded fastest to slowest
● Times Finals conducted in the NEISD Bill Walker Pool
● 10-lanes will be utilized for competition
● Entries received must have a time to be seeded
● Entry times will be seeded: LCM, SCY, SCM
● Athletes are required to provide their own backup timers and lap counters

- Schedule:** ● **Doors Open @ 1545**
● Coaches Meeting @ 1550
● Athlete Positive Check-in by 1615
● Warm-ups begin @ 1615
● **Officials meeting @ 1615 (Upstairs - North Bill Walker Console Room)**
● Clear competition pool @ 1700
● National Anthem @ 1705
● **Competition begins @ 1710**

- Entry Fees:** ● \$20.00 event cost Includes STSI \$1.25 Splash Fee and participation T Shirt for mile participants
● Late /Deck: \$40.00 Includes STSI \$1.25 Splash Fee
● \$10.00 per athlete facility fee
○ **Checks payable to:** N.E.I.S.D. Aquatics
● **Mail Checks to: (please include the name of the meet on the check)**
○ Josh Davis Natatorium
○ c/o Bill Spurgeon
○ 12002 Jones-Maltsberger Road
○ San Antonio, TX 78216

- Entry** ● Swimmers may enter TWO (2) events
- Restrictions:** ● Closed Competition - 11 and Over Athletes must be attached to AAAA or be an invited guests
- Qualifying Times:** ● Entering swimmers must have, since June 01, 2023, achieved at least a 2021 –2024 National Motivational “BB” time, or faster for the 400, 500, 800, 1000, 1500, or 1650 yard or meter freestyle events or 400 IM event.
● Late entrants must be prepared to prove their time as well as their 2024 USA Swimming Registration
- Entry** ● Entries may be submitted ONLY by Hy-Tek Commlink file
- Procedures:** ● Hard copy must accompany
● Each entry must include the swimmer’s full name, birthday, USAS ID, team affiliation, and a seedtime
● Entries received without a seedtime will be rejected
● **Submit entries to:** cbolle@neisd.net
● Entries may also be hand-delivered
- Scoring & Awards:** ● Participants in the 1500 meter event will receive an Alamo Mile T-Shirt
● This meet will not be scored
- Swimmer** ● There may be one or more photographers and / or videographers on deck at this meet.
- Photographs & Videos:** ● Photographers and videographers are expressly prohibited from the entire area behind the starting blocks.
● Each participating team is allowed two photographers / videographers on deck during competition.
● In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Officials:** ● All currently certified/registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
● All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC
● The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris
● No short shorts, jeans or flip-flops
● Wearing of name tags is strongly encouraged
- Timers:** ● Competitors must provide their own backup timers and lap counters as necessary
● SPECIAL NOTE: Swimmers who may wish to obtain SWIMS-eligible splits at the 400 and 800-meter intermediate distances, must ensure coordination with the Meet Referee beforehand
● They must also ensure there are three manual backup timers on hand should there be a touchpad failure
● Swimmers who wish to record SWIMS-eligible times at the intermediate distances during the 1500-meter freestyle, must, by rule, complete the entire event
- Facility Rules, Regulations, & Policies:** ● Deck Changing Is Prohibited.
● Two-piece swim wear is prohibited
● The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
● There are no exceptions to this policy.
● Violators are subject to disqualification from the meet and disbarment from the facility
● The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition
● Violators are subject to having their devices temporarily confiscated
● Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks
● Parents and other spectators are not permitted on-deck at any time for any reason
● Flash photography of any sort is expressly forbidden during competition
● Standing in front of and / or leaning against the glass rails is expressly forbidden
● Times noted on the scoreboard are never official and must not ever be regarded as such.

- Liability:**
- In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be held free and harmless from any liabilities for claims of damage arising by reason(s) of injuries to anyone during the conduct of this meet.
 - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- Sanction:**
- This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies and Procedures Manual will govern this meet.
 - All swimmers must be currently registered as athletes and in good standing with USA Swimming by the meet start date.
 - Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming registration card -OR- a coach may present the club’s official roster from the USA Swimming club portal, or proof of membership using the USA Swimming app
 - Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.
- USA Swimming Registration:**
- No swimmer will be permitted to compete unless the swimmer is a current USA Swimming member as provided in Article 302
 - All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
 - Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming app or a coach may present the club’s official roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.
- Drones:**
- Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.
- Cell Phone Restrictions:**
- The presence and/or use of cell phones, smartphones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition.
 - Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
 - The presence of cellphones, smartphones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
 - Violators are subject to having their devices temporarily confiscated.
- Unaccompanied Swimmers:**
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to make sure arrangements prior to the start of the meet.

- Special Needs:**
- Please notify the NEISD Aquatic Center (210-356-6925) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
 - The Facility Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
 - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
 - Coaches and / or athletes must notify the Meet Referee by the end of warm-ups if they are to be considered to be judged under Article 105 and/or if any specialized equipment is required.

- Warm-up:**
- Warm-ups will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page six (6)

- Water Depth:**
- The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet 8.4” inches at the start end and the turn end is 5 feet 2 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

- Course**
- The host will ensure the required course dimensions.

Certification:

- Medical Supervision:**
- During the meet lifeguards will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

- Note for Coaches:**
- Please provide a T-Shirt size for yourself and each of your entered swimmers by completing and submitting the Form on page seven (7) with your entries.

Spectator Clear

- Bag Policy:**
- See the NEISD Clear Bag Policy graphic on page five (5)

Order of Events and Minimum Qualifying Times
- Distances are in Meters -

Event #	Women's 400 Free:	Women's 800 Free:	Women's 1500 Free:	Age Group:	Men's 400 Free:	Men's 800 Free:	Men's 1500 Free:
1				1500 Free			
	5:56.49	12:26.69	23:55.39	11 and 12	5:48.69	12:15.19	23:25.49
	5:40.59	11:41.99	22:23.09	13 and 14	5:24.09	11:13.99	21:27.39
	5:32.89	11:28.39	22:02.19	15 and Over	5:09.89	10:50.09	20:33.09
2				800 Free			
3				400 IM			
	6:48.29			11 and 12	6:39.19		
	6:25.89			13 and 14	6:04.69		
	6:18.79			15 and Over	5:47.29		

The Restrictions Below DO NOT apply to Athletes, Coaches, Administrators, Officials or Staff. Spectators may not bring outside food or drink items into the facility.



NO PURSES. NO BAGS.

NEISD BAC PURSE/BAG POLICY



Prohibited Bags

PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:

- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case – Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind



Approved Bags

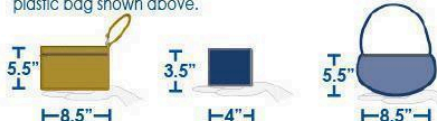
CLEAR TOTE
Plastic, vinyl or PVC – not exceeding 12" x 6" x 12"

PLASTIC STORAGE BAG
Clear, one (1) gallon, re-sealable



SMALL CLUTCH PURSE

Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.



Exceptions will be made for:

- Bags for medically necessary items
- News media equipment (for credential-ed media)
- Official team and other field photographers
- Booster clubs selling items
- Diaper bags

All bags are subject to inspection prior to entry regardless of size or type.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- A. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- B. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- C. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

Pool	Push/Pace	Dives/Sprints	General Warmup
10 Lanes	0 and 9	1 and 8	2 through 7

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from the starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - i. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - ii. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - iii. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

**2024 Alamo Mile / Walker Pool (Long Course)
Friday, May 31**

Swimmer / Coach Name	“T” Shirt Size