



**STREAMLINE AQUATICS  
2023 SASA SOMBRERO SERIES  
CHAMPIONSHIPS**

**“Who Will Take Home the Sombrero?”**

**March 31-April 2, 2023**

**Sanction Number: ST-23-27**

- Welcome:**
- Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in the Sombrero Series Championship short-course yards meet.
- Dates:**
- March 31-April 2, 2023
- Venue:**
- Barshop Natatorium located on the UIW Campus, 4301 Broadway, San Antonio, TX 78209
  - The pool is located on the West side of campus over the river bridge and on the right.
- Facility:**
- This meet will be conducted in one 11-lane, 25-yard pool, with eight lanes for competition and two lanes for warm up and warm down.
  - We will use Hy-Tek Meet Manager software and Daktronics timing system.
  - There will be concessions available upstairs in the Barshop Natatorium. Please help us keep the facility clean.
  - Spectators and athletes should bring their own chairs. Additional information will be sent out to the participating teams.
- Water Depth:**
- The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is three feet three-and-one-half inches measured for a distance of one meter to five meters from both end walls
- The competition course has been certified in accordance with 104.2.2C(4)
  - A copy of the certification is on file with USA Swimming
- Liability:**
- In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
  - Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
  - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
  - USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
  - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, UNIVERSITY OF THE INCARNATE WORD, STREAMLINE AQUATICS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

- Sanction:**
- This meet has been sanctioned by South Texas Swimming. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet.
  - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
  - All swimmers must be registered as athletes for 2023 with USA Swimming by the meet start date
  - All swimmers must be registered as athletes for 2023 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2023 USA Swimming registration card –OR– a coach may present the club’s official roster from the USA Swimming club portal, or proof of membership using the USA Swimming App.
  - South Texas Swimming does not allow on-deck USA Swimming registrations
  - Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

**USA Swimming  
Registration:**

- All swimmers, coaches, and officials participating in this competition must be currently (2023) registered with USA Swimming.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
- Swimmers who **1)** late enter when possible; **2)** need to be late-entered due to clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming App.
  - Or a coach may present the club’s official roster from the USA Swimming club portal
  - Current national and LSC regulations do not allow for exceptions to these policies
- South Texas Swimming does not allow on-deck USA Swimming registrations.

**Qualifying  
Times:**

- **There are qualifying times for ALL events:\***
- **For events 200 yards and shorter (all 50’s, 100’s, 200’s)** the qualifying time is -“**slower than**” the National “A” Time Standard
  - Swimmers entering distances of **200 or less** meet must have **never achieved a time equal to or faster than the [2021-2024 USA Swimming National Motivational “A” Time Standard](#)**. NT’s are allowed for swimmers who have never swum the event.
- **For distance events, the 400 IM, the 500 Free, and the 1650 Free, (Events 8, 17, 25, 26)** the qualifying time [2021-2024 USA Swimming National Motivational “B” Time Standard or faster](#).
  - **The entry time for these events is a “B” Time Standard or faster.**
  - There is **NO “slower than” time standard** for these distance events, thus any swimmer with a “B” or faster Time Standard may compete in these distance events.

**Age up Date:**

- The age of the swimmer will be his/her age on March 31, 2023

**Time Trials:**

No Time Trials will be offered.

**Entry**

**Restrictions:**

- Swimmers may enter a maximum of 6 events per day.
- The age of the swimmer will be his/her age on **March 31, 2023**
- Enter all events with short course yards times.

**Meet Format:**

- All events are *timed finals*, seeded by time and gender only and swum fastest to slowest.
- Relays events are timed finals seeded by time only and may be entered either as single gender relays or as a mixed relay (2 boys/2 girls).
- Relay age groups are 10 & U, 11-12, and 13 & over.
- The 1650 Freestyle will require positive check-in by 5:15PM on Friday
- 400 IM will require positive check-in by 9:20 AM on Saturday.
- The 500 Freestyle will require positive check-in by 9:20 AM on Sunday.
- *Fly Over Starts may be employed.*
- If there are schedule changes, notification will be made as soon as possible after entry deadline.
- We also *reserve the right to cap the number of swimmers* entered in the meet in order to stay within the four-hour rule
- Entries will be processed in the order they are received.

## Unaccompanied

### Swimmers:

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

### Entries:

- Swimmers may enter a maximum of six (6) events per day
- The age of the swimmer will be his/her age on **March 31, 2023**. Enter all events with short course yard times.
- **All of the 50's stroke events and the 100 Freestyle are offered on Friday. Swimmers may swim the 50's stroke and the 100 Freestyle events which are offered on Friday, a SECOND time during the meet if they so desire. Two of the 50's stroke events are offered again on either Saturday or Sunday and the 100 Freestyle is offered a second time on Sunday.**
- Email entries to: [sasaentries@gmail.com](mailto:sasaentries@gmail.com)
- If you **do not** receive an email confirmation, your entries were not received.
- Please mail a hard copy of what you emailed.
- Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek.
- They should email: swimmers full legal name (as registered with USA Swimming), Date of Birth, USA ID Number, club, club abbreviation, LSC, event number/name and entry times.
- Teams with five or more swimmers entered in the meet must submit their entries using currently approved team entry software. A \$5.00 processing fee per swimmer will be added to entries received via email without an accompanying Hy-Tek or Team Unify Entry File.
- Include the entry file and a Word or PDF document of the entries by **swimmer** with each entry file, including any subsequent revisions.
- It is necessary to include a hard copy of your entries with your check.
- **Please also include a list of all coaches and officials, who will be attending the meet, so that we may properly plan for hospitality.**
- No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

### Entry Deadline:

- **Entries open at 2:00 PM, Thursday, March 16, 2023.**
- **Entries close Monday, March 20, 2023 at 6:00 PM.**
- Entry fees must be received by **Monday, March 27, 2023** or swimmers will be removed from the meet.

### Entry Fees:

- **\$10.00 per individual event. \$20.00 per relay event. \$8.00 per athlete Facility Surcharge**
- This includes the South Texas Swimming splash fee of \$1.25 per splash
- Please note a **\$5.00** per swimmer processing fee will be assessed for entries submitted without an accompanying Hy-Tek or Team Unify Entry File.
- Entry fees must be received **by Monday, March 27, 2023**
- Please include an entry fee report with your check.
- *Once the entry fees are accepted, they will not be refunded for any reason, even if a swimmer should fail to compete.*
- Please make checks payable to **Streamline Aquatics** and mail to:  
**Angella Woodard**  
**SASA Sombrero Champs**  
**14514 Majestic Prince St.**  
**San Antonio, TX 78248-1133**

### Deck Entries:

- Deck entries will be accepted only for open lanes.
- No new heats will be created.
- You may deck enter for the current session beginning at the start of warm-up.
- Deck entries will close 45 minutes before the start of each session.
- You may deck enter the next sessions' events after deck entries close for the current session.
- The deck entry fee is **\$20.00 per individual event** and **\$25.00 per relay** plus the Facility Surcharge of \$8.00 for athletes not already entered into the meet.
- Swimmers not previously entered in the meet must present their USA swimming registration card or proof of membership using the USA Swimming app
- A coach may also present the club's official, watermarked roster from the USA Swimming club portal at Clerk of Course to be able to deck enter
- There are no exceptions to this policy"

## Cell phone

### Restrictions:

- Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms or locker rooms.
- There are no exceptions to this policy.
- Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

## Swimmer

### Photographs

### And Videos:

- There may be one or more photographers and / or videographers on deck at this meet.
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

### Drones:

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

### Deck

### Changing:

- Deck changing is prohibited. Violators are subject to disqualification from the meet and disbarment from the facility.

### Special Needs:

- Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should **notify the entry chair by the entry deadline**.

### Awards:

- Ribbons, first through eighth place will be awarded for 10 and under, 11-12, 13-14 and 15 and Over in individual events only.
- No relay ribbons will be awarded.
- The team with the highest percentage of "new best times" will be awarded the "SASA Sombrero Series Traveling Sombrero".

### Meet Referee:

- Tom Schultz                      210-284-8116                      [tschultz@gvtc.com](mailto:tschultz@gvtc.com)

### Admin Referee:

- Angella Woodard                210-408-7946                      [sasaentries@gmail.com](mailto:sasaentries@gmail.com)

### Meet Director:

- Phil Davis                         870-403-7000                      [uiwsasa@gmail.com](mailto:uiwsasa@gmail.com)

### Head Coach:

- Phil Davis                         870-403-7000                      [uiwsasa@gmail.com](mailto:uiwsasa@gmail.com)

### Officials:

- Help from visiting officials will be needed
- Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Tom Schultz, at [tschultz@gvtc.com](mailto:tschultz@gvtc.com)
- All currently certified and in training USA Swimming officials are cordially invited to participate.
- All deck officials must be registered with USA Swimming and their local LSC for 2023 and have a current Background Check and Athlete Protection and Concussion Training courses acknowledged by USA Swimming.
- Please email the Meet Referee with your certification level and availability so he can plan accordingly.
- Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments.
- The wearing of name tags is strongly encouraged.

## Daily

### Schedule:

- Friday PM Warm-up 4:30 PM Coaches' meeting 5:50 PM Meet begins 6:00 PM
- Saturday AM Warm-up 8:30 AM Coaches' meeting 9:50 AM Meet begins 10:10 AM
- Sombrero Champs Parade for the Laredo Nadadores (CLAN) at 10:00 AM**
- Sunday AM Warm-up 8:30 AM Coaches' meeting 9:50 AM Meet begins 10:00 AM
- An e-mail will be sent to each team no later than **Tuesday, March 28, 2023**, with specific warm up times should warm ups need to be split into more than two sessions and/or warm-up start times adjusted.
- The 1650 Freestyle will require positive check-in by 5:15 PM on Friday
- 400 IM will require positive check-in by 9:20 AM on Saturday.
- The 500 Freestyle will require positive check-in by 9:20 AM on Sunday.

### Timers:

- Lane timing assignments will be made proportionate to the number of entries.
- Timing assignments will be e-mailed to each team the week of the meet
- Please work with your parents to insure lane responsibilities are covered
- Swimmers in the 400 IM will be responsible for providing their own timers – two timers per lane.
- Swimmers in the 1650 Freestyle and the 500 Freestyle will be responsible for providing their own timers– two timers per lane and their own lap counters.

### Warm-up

#### Procedures:

- The South Texas Swimming Safety Guidelines and Warm-up Procedures on page eight will be in effect at this meet.
- Lanes 10 and 11 will be available for warm-ups throughout the meet. Warm-up times and lane assignments for each team will be posted on the STSI website along with the psych sheet.
- There will be two warm-up sessions for finals.
- Teams will be notified of warm-up assignments. Warm-ups must be under the direct supervision of a coach at all times.

#### Heat Sheets:

- Heat Sheets will be posted for free on SASA website. Paper copies will NOT be sold.

#### Parking and

- There should be plenty of free parking in front and behind the Barshop Natatorium.

#### Concessions:

- There will be concessions available upstairs in the Barshop Natatorium. Please help us keep the facility clean.



# STREAMLINE AQUATICS

## 2023 SASA SOMBRERO SERIES CHAMPIONSHIPS "Who Will Take Home the Sombrero?" March 31-April 2, 2023

### Order of Events / March 31-April 2, 2023 / Short Course Yards

All Events Swum as Mixed Gender

Except 13 & O 50 and 100 Free (Alternating Heats by Gender)

Friday, March 31, 2023

Event #	Event
1	100 Free
2	50 Breast
3	50 Back
4	200 IM
5	50 Fly
6	50 Free
7	#* 11& Up 1650 Free

# - Swimmers must have a **minimum of a B Time Standard** to swim the 1650 Free.

\*- Swimmers in the 1650 Free must provide their own timers (2) and lap counters.

Saturday, April 1, 2023

8	200 Free Relay <b>Optional 10 Minute Break</b>
9	200 Free
10	50 Back
11	100 Breast
12	10 & Up 200 Fly
13	12 & U 50 Free
14	13 & O 50 Free
15	100 IM
16	100 Fly
17	#* 11& Up 400 IM

# - Swimmers must have a **minimum of a B Time Standard** to swim the 400 IM

\*-Swimmers in the 400 IM must provide their own timers (2).

Sunday April 2, 2023

18	200 Medley Relay <b>Optional 10 Minute Break</b>
19	10 & Up 200 Back
20	50 Breast
21	13*& O 100 Free
22	12 & U 100 Free
23	10 & Up 200 Breast
24	50 Fly
25	100 Back <b>Optional 10 Minute Break</b>
26	#* 12 & Under 500 Free
27	#* 13 & Over 500 Free

#- Swimmers must have a **minimum of a B Time Standard** to swim the 500 Free.

\* -Swimmers in the 500 Free must provide their own counters and timers (2).



# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**