



# Southwest Independent School District

## 4A TISCA Meet Information

### 2023



**Meet:** 4A TISCA (Prelims/Finals) meet  
Short Course Yards

**Date(s):** Friday, November 17, 2023 (Prelims) and Saturday, November 18, 2023 (Finals)

**Venue:** Southwest ISD Aquatic Center  
9290 SW Loop 410, San Antonio, TX 78242  
Contact # 210-622-4900

**Facility:** Myrtha Pool that will be setup for competition:

- Two (2) One-Meter (1) Dura-Flex Diving Boards.
- One 25-yard eight (8) lane Competition Course.
- Warmup lanes.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four (4) lane used for warm up pool
- Deck seating for 770 spectators.

**Schedule:** Friday, November 17, 2023 (Prelims)

- Warm-up begins 08:00 AM
- Coaches Meeting 09:10 AM
- One way starts/push pace 09:45 AM
- Officials Meeting 09:30 AM
- Clear pool 10:00 AM
- Competition begins 10:15 AM
- Diving Girls/Boys warm up after 200 FR Relay
- Diving Girls/Boys Competition Start 30 minutes after last event

Saturday, November 18, 2023 - Top 16 swim (Consolation, Finals)

- Warm-ups begins 08:00 AM
- Coaches Meeting 09:10 AM
- One way/push pace 09:45 AM
- Officials meeting 09:30 AM
- Clear pool 10:00 AM
- Competition begins 10:15 AM

**Scoring:** Top 16 (Saturday consolation heat will score 9th-16th place, the final heat will score 1st-8th place).

**Awards:**

- Medals for relays 1st-3rd.
- Ribbons for individual events up to 8th place.
- Girls Team Winner Award.
- Boys Team Winner Award .

**Rules:**

- Deck changing is prohibited.
- Two(2)-piece swimwear is prohibited.
- The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings, photographic or video recordings in locker rooms, restrooms, or changing areas is strictly prohibited.
- Parents and other spectators are not permitted on-deck at any time.
- No flash photography allowed during swimming /diving events.
- Times noted on the scoreboard are never official.
- U.I.L. and National Federation Rules will govern the meet.

**Timers:** Two (2) volunteers from each team.

**Entries:**

- Meet entries will be limited to the first 350 swimmers.
- Each contestant may enter a maximum of four (4) events. No more than two (2) may be individual events (Diving counts as one individual event). Each team may enter six (6) individuals and two (2) relays in each event per team.

**Proof of Time:** Swimmers who enter into and/or compete in events for which they have not met the qualifying time standard may be ineligible for further competition

**Diving:**

- National Federation Rules will apply.
- The Degree of Difficulty requirements for this meet are:
  - One Meter - National Federation DD Table
    - Optionals - Minimum 9.0
    - Voluntaries not to exceed 9.0
- Girls and Boys will be combined warm up starting after the boys 200 FR relay.
- Diving competition will start 30 minutes after the conclusion of the last event.

**Entry Procedure: Enter with Hy-Tek Team Manager / Cleanentries.  
You must be a member of TISCA.**

**Submit Hy-tek entries and scratches to: Nathan Coppock ([ncoppock9619@swisd.net](mailto:ncoppock9619@swisd.net) )**

**Meet Director: Rene Rodriguez ([drodriguez9172@swisd.net](mailto:drodriguez9172@swisd.net))**

**Please use the official UIL Team Code and use the numeric grade level (09, 10, 11, 12) for each swimmer/diver. Also please refrain from using the short team name or LSC code.**

**If you do not receive an email confirming your entries were received on Friday, November 10th, 2023, please contact Rene Rodriguez (210-323-7543) Saturday morning.**

**You can commit to the swim meet by going to the calendar at the alamo area aquatics website.**

**<https://www.alamoareaaquatics.com/page/calendar/aahssl-swim-calendar#/team-events/upcoming>**

**Entry Deadline: 12pm CT, Friday November, 10th 2023  
No exceptions and no late entries accepted**

**A psych sheet will be e-mailed out on Monday, November 13th, 2023. Please check your entries for errors. E-mail any corrections and scratches by 1pm, Tuesday, November 14th, 2023.**

**Entry Fees: \$15.00 per individual, regardless of number of events entered.**

**\$15.00 per relay entered. Scratches will not be refunded.**

**Fees must accompany entry or be hand delivered on the day of the meet.**

**No cash or personal checks will be accepted**

**Make checks payable to: Southwest ISD Athletics**

**Mail to: Southwest ISD/ Aquatics**

**11914 Dragon , San Antonio, Tx 78252**

**Please share with your school the vendor packet.**

**Miscellaneous: Heat sheets, Concessions, and T-shirts will be available.**

**Warm-up Assignments and Seating Arrangements will go out by Thursday.**

**\*\*We will be following any health guidelines/rules put in place by UIL and Southwest ISD and ask that all teams and spectators follow these while using our facility.**

**Coaches may bring folding chairs.**

**Tickets will be sold the week of event for both days through GO FAN under Southwest ISD**

**<https://gofan.co/>**

**Format:**

- **The Federation Whistle Start and No Recall False Start Procedures will be in use. Should a smaller number of entries warrant, Meet Management reserves the right to reconfigure the meet. Each team will be notified should this become necessary.**
- **Relay cards will be handed out in your packets. Make sure to have your alternates on the card.**
- **No Show of an athlete in any event will take them out of the competition from that point. This includes the second day.**

**Dive Format: Meet manager/cleanentries**

- **11 dive meet**
- **Warmup after 200 FR relay / Start Time: 30 minutes after last swim event**

**Parking:** Parking lot has 196 regular spaces and 6 handicap spaces. Additional parking at the Transportation lot on Friday and Saturday Christa McAuliffe Middle School parking lot can be available when needed.

**Buses that need more than one parking space will park:  
Friday buses park in the Transportation lot. Saturday buses will park in the bus lane at McAuliffe Middle School. Information / Lost & Found at front desk.**

**Hotels within 10 miles of SWAC.**

<b>Holiday Inn Express</b>	<b>10 miles</b>
<b>Courtyard by Marriott</b>	<b>9.8 miles</b>
<b>Comfort Suites near SeaWorld</b>	<b>9.5 miles</b>
<b>La Quinta Inn &amp; Suites by Wyndham San Antonio</b>	<b>8.3 miles</b>
<b>Springhill Suites by Marriott San Antonio SeaWorld/Lackland</b>	<b>8.4 miles</b>
<b>Hampton Inn &amp; Suites San Antonio Lackland</b>	<b>8.1 miles</b>
<b>Home2 Suites by Hilton San Antonio Lackland/SeaWorld</b>	<b>8.6 miles</b>
<b>Best Western Plus Lackland Hotel &amp; Suites</b>	<b>5.4 miles</b>

<https://www.google.com/maps/search/Hotels/@29.4030707,-98.6221074,13z/data=!4m8!2m7!3m6!1sHotels!2sSouthwest+ISD+Aquatic+Center,+9333+SW+Loop+410,+San+Antonio,+TX+78242!3s0x865c5bbc67e9e779:0x28e2e189af1a7af0!4m2!1d-98.6215997!2d29.3339254>

**Qualifying Times & Order of Events: Friday Prelims , Saturday, Top 16 swim (Consolation, Finals)**

**5 minute break will be after the 200 Medley Relay and before the 400 Free Relay.**

	Must be Faster than	Event	Must be Faster than	
Event #				Event #
	Women		Men	
1		200 Medley Relay		2
		5 minute break		
3	2:35.30	200 Free	2:25.06	4
5	3:00.01	200 IM	2:50.70	6
7	-	50 Free	-	8
		15 minute break		
11	1:25.30	100 Fly	1:15.95	12
13	-	100 Free	-	14
15	8:05.00	500 Free	7:35.89	16
17		200 Free Relay		18
19	1:23.00	100 Back	1:19.30	20
21	1:30.30	100 Breast	1:26.00	22
		5 minute break		
23		400 Free Relay		24