



**Meet**

**Designator:** •NS-23

**Meet Name:** •Dual Plus Duals

**Date:** •December 15, 2018

**Venue:** •Northside ISD Aquatic Complex  
 •8400 North Loop 1604 West  
 •San Antonio, TX 78249  
 •210-397-7525

**Entry**

**Restrictions:** •Swimmers may enter no more than four (4) events, two (2) of which may be individual events  
 •National Federation Rules  
 •Teams may enter no more than four (4) swimmers per Varsity Event  
 •Teams may enter no more than four (4) swimmers per Sub-varsity event  
 •Maximum of four (4) relay entries per Relay Event

**Entry Fees:** •Per League Standard – Please refer to the AAHSSL Handbook

**Entry**

**Deadline:** •1200, Tuesday, December 11, 2018

**Schedule:**

•Teams → •NOTA v NOHC v NOHO  
 •Warm-ups begin @ 0800  
 •Coaches meet @ 0850  
 •Competition begins @ 0900

**Order of Events / Distances are in Yards**

Girl's Event #	Distance	Stroke	Boy's Event #
<b>1</b>	200	Medley Relay	<b>2</b>
<b>3</b>	200	Freestyle	<b>4</b>
<b>5</b>	200	Individual Medley	<b>6</b>
<b>7</b>	50	Freestyle	<b>8</b>
<b>107*</b>	50*	Freestyle*	<b>108</b>
<b>Fifteen Minute Break</b>			
<b>11</b>	100	Butterfly	<b>12</b>
<b>13</b>	100	Freestyle	<b>14</b>
<b>113*</b>	100*	Freestyle*	<b>114*</b>
<b>15</b>	500	Freestyle	<b>16</b>
<b>17</b>	200	Freestyle Relay	<b>18</b>
<b>19</b>	100	Backstroke	<b>20</b>
<b>21</b>	100	Breaststroke	<b>22</b>
<b>23</b>	400	Freestyle Relay	<b>24</b>
<b>*Sub-varsity event – Not scored!</b>			