



Meet

Designator: •NS-21

Meet Name: •Dual Plus Duals

Date: •December 14, 2018

Venue: •Northside ISD Aquatic Complex
 •8400 North Loop 1604 West
 •San Antonio, TX 78249
 •210-397-7525

Entry

Restrictions: •Swimmers may enter no more than four (4) events, two (2) of which may be individual events
 •National Federation Rules
 •Teams may enter no more than four (4) swimmers per Varsity Event
 •Teams may enter no more than four (4) swimmers per Sub-varsity event
 •Maximum of four (4) relay entries per Relay Event

Entry Fees: •Per League Standard – Please refer to the AAHSSL Handbook

Entry

Deadline: •1200, Monday, December 10, 2018

Schedule: •Teams → •NBRE v NOST
 •Warm-ups begin @ 1400
 •Coaches meet @ 1450
 •Competition begins @ 1500

Order of Events / Distances are in Yards

| Girl's Event # | Distance | Stroke | Boy's Event # |
|---|----------|-------------------|---------------|
| 1 | 200 | Medley Relay | 2 |
| 3 | 200 | Freestyle | 4 |
| 5 | 200 | Individual Medley | 6 |
| 7 | 50 | Freestyle | 8 |
| 107* | 50* | Freestyle* | 108 |
| Fifteen Minute Break | | | |
| 11 | 100 | Butterfly | 12 |
| 13 | 100 | Freestyle | 14 |
| 113* | 100* | Freestyle* | 114* |
| 15 | 500 | Freestyle | 16 |
| 17 | 200 | Freestyle Relay | 18 |
| 19 | 100 | Backstroke | 20 |
| 21 | 100 | Breaststroke | 22 |
| 23 | 400 | Freestyle Relay | 24 |
| *Sub-varsity event – Not scored! | | | |