

Meet Information

Meet Director: Bill Spurgeon 210-356-6926

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Meet: • 2024 AAAA-NE Fiest-Elimination (LCM)

Date: • Saturday, April 27th, 2024

Entry Deadline: • Monday, April 22nd, 2024

Sanction #: • ST-24-56cm

Age up Date: • The age of the swimmer will be his/her age on Saturday, April 27th ,2024.

Venue: • Bill Walker Pool

• Blossom Athletic Center (A.K.A North East Stadium)

• Jones-Maltsberger Road at Starcrest and/or Bitters

• San Antonio, TX 78217 / 210-356-6925

Schedule Overview: ● General Warm-up @ 9:00AM-9:50AM

• Mixed 4 x 100 Meter Medley Relay (Round #1) @ 10:00AM

• 50 Meter Individual Freestyle (Round #1) @ 11:00AM

• Mixed 4 x 100 Meter Freestyle Relay (Round #1) @ 12:15PM

See the full Event Schedule on page four (4)

- Meet Format: This meet will be conducted in one single session, see the schedule outline on page four (4).
 - This event will be a fast-paced, elimination-style meet featuring mixed-gender relays and split-gender individual 50 freestyle events across three age groups.
 - Competitors will face off in a series of rounds, with the field narrowing until the champions are crowned.
 - Three (3) age group classifications will be available for this competition; 11-12, 13-14, and 15+.
 - The 400 Medley and 400 Freestyle Relay events will be competed over three (3) rounds progressing from 10 teams to 6, then 6 to 3, and finally, from 3 to the champion team.
 - The 50 Meter Individual Freestyle event will be competed over six (6) rounds progressing from 10 competitors down to the ultimate winner.
 - The 400 Medley Relay and 400 Freestyle Relay Events will be Mixed Gender; two Male and two Female athletes per relay team required.

- **Entry Restrictions:** Open to athletes aged 11 years and above.
 - Unlimited entries; athletes may enter all three (3) events. No Deck Entries.

- Entry Fees: 50 Meter Individual Freestyle: \$20
 - 400 Meter Medley Relay: \$40
 - 400 Meter Freestyle Relay: \$40
 - o Includes the STSI \$1.25 splash fee per event

- **Qualifying Times:** There are no qualifying times for this event.
 - NT's will not be accepted.

Elimination Outline:

| Individual Round #: | 1 | 2 | 3 | 4 | 5 | 6 |
|--|---|---|----|---|---|----|
| # of Athletes Advancing to Next Round: | | 6 | 4 | 3 | 2 | 1* |
| Relay Round #: | | 2 | 3 | , | • | - |
| # of Teams Advancing to Next Round: | | 3 | 1* | - | - | - |

- Awards: Fiesta Medals will be awarded to the winners of each round.
 - Event winners will receive select team gear, equipment, and/or attire.

Scoring: • This meet will not be scored.

Registration:

- **USA Swimming** All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s). No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
 - All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership.
 - Current national and LSC regulations do not allow for exceptions to these policies.

Rules: • Deck changing is prohibited.

- Two-piece swim wear is prohibited.
- Please review the graphic on page five (5) regarding bags, purses, and back-packs.
- Parents and other spectators are not permitted on-deck at any time for any reason
- Flash photography of any sort is expressly forbidden at any time during competition
- Standing in front of and/or leaning against the glass rails is expressly forbidden
- Times noted on the scoreboard are never official and must not ever be regarded as such.

- Liability: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatics Association, the Bill Walker Pool, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
 - Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Supervision:

Medical • During the meet lifeguards will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Warm-up: • Warm-up will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page six (6)

Water Depth: ● The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet 8.4" inches at the start end and the turn end is 5 feet 2 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Certification:

Course • The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

- Sanction: Held under the Sanction of USA Swimming.
 - This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies & Procedures Manual will apply.
 - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may compete in the meet only if they can present their current USA Swimming registration card or proof of membership. South Texas Swimming does not allow on-deck USA Swimming registrations. Athletes who fail to meet this requirement will not be allowed to compete.
 - Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Photographs and Videos:

- **Swimmer** There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups.
 - Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Clear Bag Policy: ● See the NEISD Clear Bag Policy graphic on page five (5)

Restrictions:

- Cell Phone The presence and/or use of cell phones, smartphones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition.
 - Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
 - The presence of cellphones, smartphones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
 - Violators are subject to having their devices temporarily confiscated.

- Officials: All currently (2024) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
 - The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris. No short shorts, jeans or flip-flops, thank you.
 - Wearing of name tags is strongly encouraged for *ALL* officials.
 - Please report to the Meet Referee in the upstairs Walker Conference Room at 9:00am.

Timers: • Twenty-One (21) Volunteer Backup Lane Timers will be needed to run this event. Volunteers will receive free admission to the event. If interested, please contact the Meet Host to sign-up.

Drones: • Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Event Schedule:

4 x 100 Medley Relay:

Round #1:

(Estimated Start @10:00AM)

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

Round #2:

(No Earlier Than @10:20AM):

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

Round #3:

(No Earlier Than @10:40AM):

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

50 Meter Freestyle:

Round #1:

(No Earlier Than @11:00 AM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

Round #2:

(No Earlier Than @11:12 AM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

Round #3:

(No Earlier Than @11:24 AM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

Round #4:

(No Earlier Than @11:36 AM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

Round #5:

(No Earlier Than @11:48 AM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

Round #6 - Final Round: (No Earlier Than @12:00 PM):

- Heat #1: Female 11-12
- Heat #2: Male 11-12
- Heat #3: Female 13-14
- Heat #4: Male 13-14
- Heat #5: Female 15+
- Heat #6: Male 15+

4 x 100 Freestyle Relay: Round #1:

(No Earlier Than @12:15 PM):

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

Round #2:

(No Earlier Than @12:38 PM):

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

Round #3 - Final Round: (No Earlier Than @1:00 PM):

- Heat #1: 11-12 Age Group
- Heat #2: 13-14 Age Group
- Heat #3: 15+ Age Group

The Restrictions Below DO NOT apply to Athletes, Coaches, Administrators, Officials or Staff. Spectators may not bring outside food or drink items into the facility.



Prohibited Bags

PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:

- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind



Approved Bags



SMALL CLUTCH PURSE

Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.



- Exceptions will be made for: Bags for medically necessary items
 - News media equipment (for credentialed media)
 - Official team and other field photographers
 - Booster clubs selling items
 - Diaper bags

All bags are subject to inspection prior to entry regardless of size or type.

Safety Guidelines and Warm-up Procedures

WARM-UP PROCEDURES

- Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

| POOL | PUSH/PACE | DIVES/SPRINTS | GENERAL WARMUP |
|----------------|-----------|----------------|----------------|
| 10 Lanes (0-9) | 0 and 9 | 1, 2, 6, and 7 | 3 through 5 |
| 10 Lanes (1-10 | 1 and 10 | 2, 3, 7, and 8 | 4 through 6 |
| 8 Lanes | 1 and 8 | 2 and 7 | 3 through 6 |
| 6 Lanes | 1 and 6 | 2 and 5 | 3 and 4 |

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

MISCELLANEOUS NOTES

- Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm- ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22