



# Surge Aquatics

## 2022 ST SCY Surgetathalon

Conducted under Sanction of USA Swimming  
Sanction Number: ST-22-70



**Meet Name:** 2022 ST SCY Surgetathalon

**Meet Date:** Saturday, September 24, 2022

**Venue:** Das Rec Natatorium  
345 Landa Street  
New Braunfels, TX 78130

**Entries Open:** Saturday, September 3, 2022 at noon

**Entry Deadline:** Wednesday, September 14, 2022 at midnight

### Qualifying

**Times:** None.

### Schedule:

Warm-ups begin	0700
Officials meeting	0800
Timers meeting	0830
Coaches meeting	0840
Clear competition pools	0850
National Anthem	0855
Positive check-in by	0900
Competition begins	0900

**Facilities:** Eight FINA-width (2.75-meter) lanes plus three additional warm-up lanes. Colorado timing system. Full scoreboard with heat and event display. Bleacher seating is limited.

\*City of New Braunfels - Sec. 86-4.- Additional rules and regulations for control of parks and recreation areas and facilities. It shall be unlawful to stake any item into the ground including tents and hammocks. Only freestanding canopies with no bottoms are allowed.

**Format:** Timed Finals. Combined Event.

All athletes will swim the same 5 events for their age group. In case of inclement weather, the competition will stop and decisions about the meet will be made in real time. ALL events will be gender-mixed and seeded fastest to slowest, no lane separation between genders. The Meet will be pre-seeded by time and gender without regard to age and swum fastest to slowest. No Relays will be allowed. *All* events will be pre-seeded. Entry times will be seeded: SCY, SCM, LCM. The meet host reserves the right to split the meet to 2 sessions.

### Return to Competition:

"An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, SURGE AQUATICS AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION."

All Das Rec facility COVID-19 procedures, rules etc must be followed. These are located at [www.dasrec.com](http://www.dasrec.com)

All participants will need to review the Surge Aquatics Return to competition Guidelines.

#### **Meet Operations:**

All swimmers are encouraged to wear a mask or face shield when not racing, warming up/down, or walking from the race to the warm-up/down pool area.

All coaches, officials, and volunteers are encouraged to wear a face mask or face shield when in the building. During the event, all swimmers, coaches, officials, and volunteers should maintain social distancing per CDC guidelines.

Parents can enter the building to view a race, talk with a coach, official, or volunteer.

Parents should not talk with an official. Parents should discuss issues and concerns with coaches who then discuss with Referee.

**Water Depths:** The indoor pool depths, measured from the start end, is seven feet two inches and from the turn end is four feet three inches both measured at one and five meters from either end wall.

#### **Deck**

**Rules:** Deck changing, and shaving is prohibited. Violators are subject to disqualification from the meet and disbarment from the facility.

**Age up Date:** September 24, 2022

#### **Scoring and**

**Awards:** Meet will be scored with high point awards for separate gender and age group (10&Under, 11-12, 13-14, 15-16, 17-18). Individual ranking is based on the athlete's total points for all 5 events combined.

**Results:** Results can be found on Meet Mobile and posted on STSI website.

**Liability:** In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Surge Aquatics, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Sanction:** Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including minor athlete abuse prevention policy, "MAAPP", and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet. All swimmers must be registered as athletes for 2022/2023 With USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet deadline may deck enter the meet only if they can present their 2022/2023 USA Swimming registration card or proof of membership using the USA Swimming app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

#### **USA Swimming**

**Registration:** All swimmers, coaches, and officials participating in this competition must be currently (2022/2023) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Application. A coach may also present the club's official, watermarked roster from the USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies.

#### **Cell Phone**

**Restrictions:** The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

#### **Swimmer Photographs**

**And Videos:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

## Entry

**Procedures:** The **only** acceptable mode of entry is via Hy-Tek Commlink File. Meet entry file HYV will published on STSI website.

Hard

copy (PDF) **MUST** accompany. Entries received without a seed time will not be entered the meet and fees will not be refunded. Please email entries to the Entry Chair, Jeremy Block ([coachtipton@surgeaquatics.org](mailto:coachtipton@surgeaquatics.org)) and include a Meet entry Report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees

due

along with your entry file. When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive email confirmation, your entries were not received.

## Entry

**Restrictions:** This Meet is open to all 2022/2023 Registered USA Swimming athletes. Maximum five (5) events overall. Entries will be processed in the order received. If a swimmer does not have a SCY time the coach should estimate a time for the swimmer so that the swimmer may be seeded accordingly.

## Entry Fees:

\$10.00 per individual event (this includes \$1.25 South Texas Swimming splash fee) - No refunds

\$10.00 per athlete surcharge

Checks payable to: **Surge Aquatics**

Mail or hand-deliver to: Derek Howorth  
c/o Surge Aquatics  
2911 Oakleaf Dr  
San Antonio, Texas 78209

No Personal Checks can be accepted

## Late / Deck

### Entries

Deck entries will close 45 min before the start of the meet. Late Deck Entry Fees \$20.00 per individual event, athlete surcharge will be applied to Swimmers not currently in the meet. Will be accepted ONLY to fill empty lanes – no new heats will be created. Swimmers who are not currently in the meet will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Application. A coach may also present the club's official, watermarked roster from the USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies.

## Meet

### Management:

Meet Manager 7.0

**Meet Director:** Nabil Kebbab – [coachkebbab@surgeaquatics.org](mailto:coachkebbab@surgeaquatics.org) – 210-355-9621

**Meet Referee:** Tom Schultz – [tschultz@gvtc.com](mailto:tschultz@gvtc.com) – 210-284-8116

**Entries Chair:** Beau Tipton – [coachtipton@surgeaquatics.org](mailto:coachtipton@surgeaquatics.org) – 210-845-2010

**Administrative Official:** Karen Hennessy – [jkhenn@yahoo.com](mailto:jkhenn@yahoo.com) – 210-275-6478

## Unaccompanied

**Swimmers:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.

When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Rules:** The 2022 USA Swimming Technical Rules and any relevant sections of the STSI Policies and Procedures Manual will apply to this competition.

**Warm-ups:** Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page Five (5). There will be three (3) lanes available throughout the duration of the meet. Please also review the daily schedules above.

**Scratch rules:** There is no penalty for scratching from a pre-seeded event.

## Special

**Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify Surge Aquatics at [admin@surgeaquatics.org](mailto:admin@surgeaquatics.org) in advance of this meet with the name and age of any member on your team who may need assistance to enter the building. The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Host and the Meet Referee before the

competition begins and prefer-able at the time entries are submitted, if any specialized equipment is required and / or if they are to be considered for judging under Article 105.

**Timers:** Timers in each lane will have enough room to social distance while encouraged to wear a face covering.

**Officials:** All 2022/2023 South Texas certified and in training USA Swimming registered officials are invited to participate. Please contact the Meet Referee if you wish to participate. The required uniforms are White collared shirts/blouses over khaki trousers, Bermuda-length shorts, skirts or capris. PLEASE:**NO** jeans, cut-offs or flipflops. Please report to the

Meet

Referee in accordance with the Daily Schedule on page one (1) to be briefed and receive assignments. The wearing of name tags are strongly encouraged.

## Order of Events

Saturday, September 24, 2022	
Mixed Event Number	Yard Distance
1	12 & Under 50 Butterfly
101	13 & Over 50 Butterfly
2	12 & Under 50 Backstroke
102	13 & Over 50 Backstroke
3	12 & Under 50 Breaststroke
103	13 & Over 50 Breaststroke
4	12 & Under 50 Freestyle
104	13 & Over 50 Freestyle
5	12 & Under 100 Individual Medley
105	13 & Over 100 Individual Medley



# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

#### Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

#### Open Warm-up Procedures

#### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

#### Safety Guidelines

- a. Coaches are responsible for the following:
  1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

Warm-up procedures will be enforced for any breaks scheduled during the competition.

No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**