



SCM RECORD BREAKER TIME TRIALS

STREAMLINE AQUATICS

2022 ST SCM TIME TRIALS

September 17-18, 2022

Sanction Number: ST-22-80

- Welcome:** ●Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our Short Course Meters Time Trial, open unclassified short-course meters meet.
- Venue:** ●The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. 210-805-3078
●The pool is located on the West side of campus over the river bridge and on the right.
- Facility:** ●This meet will be conducted in one 11 lane, 25 Meter pool, with 6 lanes for competition and 1 lane for warm up and warm down
●We will use Hy-Tek Meet Manager software and Daktronics timing system.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is three feet three-and-one-half inches measured for a distance of one meter to five meters from both end walls
●The competition course has been certified in accordance with 104.2.2C(4)
●A copy of the certification is on file with USA Swimming
- Liability:** ●In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event
●Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
●An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
●USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
●BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, THE CITY OF BOERNE, AQUA SWIFT AQUATICS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
- Sanctions:** ●Held under the sanction of USA Swimming. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet.
●All swimmers must be registered as athletes for 2022 or 2023 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2022 or 2023 USA Swimming registration card –OR- a coach may present the club's official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app
●South Texas Swimming does not allow on-deck USA Swimming registrations

●Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming

Registration:

- All swimmers, coaches, and officials participating in this competition must be currently (2022 or 2023) registered with USA Swimming or FINA.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
- Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app.
 - Or a coach may present the club's official, watermarked roster from the USA Swimming club portal
 - Current national and LSC regulations do not allow for exceptions to these policies
- South Texas Swimming does not allow on-deck USA Swimming registrations.

Age up Date:

- The age of the swimmer will be his / her age on September 17, 2022

Qualifying

Times:

- There are no qualifying times – this meet is unclassified
- Enter all events with short course meter times.
- Athletes may enter the meet with NT, we would encourage you to estimate a SCM time
- LCM times may be converted to SCM
- A good estimated SCM time will ensure your athlete is seeded in the proper heat, which provides the best competition for all athletes

Entry

Restrictions:

- Swimmers may enter a maximum of 4 events but no more than 2 events per day but cannot exceed 6 individual events per day if they are also competing in the 2022 ST SASA Sombrero Uno Meet.
- The age of the swimmer will be his/her age on **September 17, 2022**

Meet Format:

- This meet is open to swimmers ages 13 or older who are currently (2022 or 2023) registered with USA Swimming. Athlete Protection Training Requirement for all swimmers ages 18 and over must be in good standing.
- All individual events are timed finals swum as mixed gender, seeded by time only without regard to age or gender.
- All events will swim fastest to slowest. The meet will be conducted in such a way that events may be combined by distance. Swimmers are cautioned no to swim the same two distance events (i.e., 100 SCM events in the same session.
- If there are schedule changes, notification will be made as soon as possible after entry deadline.
- Swimmers will be entered in the order entries are received.

Daily

Schedule:

Since this meet will be held after the conclusion of the SASA Sombrero Uno Meet being held each morning, the start times below are estimated start times which may slightly vary by up to 30 minutes. Teams participating in the meet will be provided a more accurate start time by Noon Friday, September 16, 2022.

| | Session I Saturday | Session II Sunday |
|--|-----------------------|----------------------|
| ●Warm-ups begin @ | 1:00 PM | 3:45 PM |
| ●Clear pool @ | 1:30 PM | 4:20 PM |
| ●Coaches' meeting @ | 1:35 PM | |
| ●Competition begins @ | 1:45 PM | 4:30 PM |
| ● Deck Entries close 45 minutes prior to the start of each session. | | |

Entry Deadline:

- Entries **open at 1:00 PM, Thursday, September 8, 2022**
- Entries **close Sunday, September 11, 2022 at Midnight**
- Entry fees must be received by **Friday, September 16, 2022**. Payment will not be accepted at the meet.

Entries:

- When submitting files to the Entries Chair, please include the name, email address, and the phone number of the person submitting the entries
- Entries must be emailed to sasaentries@gmail.com
 - Please do not use any other email address for submitting your entries!!!
- If you do not receive an email confirmation, your entries were not received
- Please mail a hard copy of what you emailed

- Teams with *fewer than five* swimmers are not required to submit entries via Team Unify or Hy-Tek. A \$5.00 per swimmer processing fee will be added for entries submitted without an accompanying Hy-Tek or Team Unify entry file.
- They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.
- Teams with five or more swimmers entered in the meet must submit their entries using Team Unify or Version three through eight of Hy-Tek Team Manager software.
- Please include the Team Unify or Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions
- Please rename the entry file to clearly identify the meet name and your club code. It is necessary to include a hard copy of your entries with your check.
- No paper, phone or fax entries will be accepted
- Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Heat Sheets:

- Heat Sheets will be posted for free on SASA website. Paper copies will NOT be sold.

Entry Fees:

\$10.00 per individual event. \$6.00 per athlete facility surcharge.

- This includes the South Texas Swimming splash fee of \$1.25 per splash
- Please note a \$5.00 per swimmer processing fee will be assessed for entries submitted without an accompanying Hy-Tek or Team Unify Entry File.
- **Entry fees** must be received by **Friday, September 16, 2022** or your entries will be removed from the meet
- Please include an entry fee report with your check
- Once entries are accepted, refunds will not be given for any reason, even if a swimmer should fail to compete.
 - Make checks payable to **Streamline Aquatics** and mail to:

- **SASA Record Breaker SCM Time Trials**
- **14514 Majestic Prince Street**
- **San Antonio, TX 78248-1133**

Deck Entries:

- Deck entries will be accepted only for open lanes
- **No new heats will be created**
 - You may deck enter beginning at the start of warm-up
 - Deck entries will close 45 minutes before the start of each session the meet. Deck entries for subsequent sessions will be accepted at any time so long as they are accomplished at least 45 minutes prior to the start of the session.
 - The deck entry fee is \$20.00 per individual event
 - The meet surcharge fee of \$6.00 per athlete only will be collected from swimmers not previously entered into the meet.
 - **Swimmers not previously entered in the meet must present their USA swimming registration card or prove current registration using their Deck Pass account at Clerk of Course to be able to deck enter**
 - **There can be no exceptions.**

Awards:

- No Awards will be given.

Officials:

- Help from visiting officials is always welcome
- Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Tom Schultz at tschultz@gvtc.com
- All currently certified and in training USA Swimming officials are cordially invited to participate
- All deck officials must be registered with USA Swimming and their local LSC for 2022 or 2023 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming
- Please email the Meet Referee with your certification level and availability so he can plan accordingly
- Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments
- The wearing of name tags is strongly encouraged.

Timers:

- The meet host will provide timers for this meet.

Unaccompanied Swimmers:

- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Cell phone Restrictions:

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- There are no exceptions to this policy
- Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

**Swimmer
Photographs
And Videos:**

There may be one or more photographers and / or videographers on deck at this meet

- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

**Deck
Changing:**

Deck changing is prohibited

Drones:

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Special Needs:

- Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the entry deadline.

Administration:

- | | | | |
|------------------|-----------------|---------------------|--|
| ●Meet Referee: | Tom Schultz | 210-284-8116 | tschultz@gvtc.com |
| ●Meet Director: | Phillip Davis | 210-805-3078 office | padavis@uiwtx.edu |
| ●Admin Official: | Angella Woodard | 210-408-7946 | sasaentries@gmail.com |
| ●Head Coach: | Phillip Davis | 210-805-3078 office | padavis@uiwtx.edu |

Parking:

- There should be plenty of parking in front and behind the Barshop Natatorium.

Concessions:

- There will be concessions available
- Please help us keep the facility clean



SCM RECORD BREAKER TIME TRIALS

Order of Events

All Events Swum as Mixed Gender

SESSION I / Saturday, September 17, 2022

| Event # | Event Description |
|---------|--------------------------------|
| 1 | 13 & Over 200 SCM Freestyle |
| 2 | 13 & Over 100 SCM Backstroke |
| 3 | 13 & Over 100 SCM Breaststroke |
| 4 | 13 & Over 200 SCM Butterfly |
| 5 | 13 & Over 50 SCM Freestyle |
| 6 | 13 & Over 200 SCM Backstroke |
| 7 | 13 & Over 200 SCM Breaststroke |
| 8 | 13 & Over 400 SCM Freestyle |
| 9 | 13 & Over 100 SCM Butterfly |
| 10 | 13 & Over 200 SCM IM |
| 11 | 13 & Over 100 SCM Freestyle |

Session II / Sunday, September 18, 2022

| Event # | Event Description |
|---------|--------------------------------|
| 12 | 13 & Over 200 SCM Freestyle |
| 13 | 13 & Over 200 SCM Backstroke |
| 14 | 13 & Over 200 SCM Breaststroke |
| 15 | 13 & Over 100 SCM Butterfly |
| 16 | 13 & Over 100 SCM Freestyle |
| 17 | 13 & Over 100 SCM Backstroke |
| 18 | 13 & Over 100 SCM Breaststroke |
| 19 | 13 & Over 400 SCM Freestyle |
| 20 | 13 & Over 200 SCM Butterfly |
| 21 | 13 & Over 400 SCM IM |
| 22 | 13 & Over 50 SCM Freestyle |

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures
LANE USE

| POOL | PUSH/PACE | DIVES/SPRINTS | GENERAL WARMUP |
|---------|-----------|---------------|----------------|
| 8 Lanes | 1 and 8 | 2 and 7 | 3 through 6 |
| 6 Lanes | 1 and 6 | 2 and 5 | 3 and 4 |

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/9/2016