



# LET'S GET BACK TO RACING

## ALAMO AREA AQUATIC ASSOCIATION - NE

WHO: NATIONAL, SENIOR 1 and PRE-NATIONAL

WHEN: Saturday, September 26<sup>th</sup> (in place of your regular Saturday AM workout)

9:00am-9:30am warm-up, 9:45am start

Walker "C" Pool

(3 event max), enter your time.

NAME / GROUP: \_\_\_\_\_ / \_\_\_\_\_

- |    |                          |       |
|----|--------------------------|-------|
| #1 | WOMENS 50 FREE           | _____ |
| #2 | WOMENS & MENS 100 FLY    | _____ |
| #3 | WOMENS & MENS 100 BACK   | _____ |
| #4 | WOMENS & MENS 100 BREAST | _____ |
| #5 | WOMENS & MENS 100 FREE   | _____ |
| #6 | WOMENS & MENS 200 IM     | _____ |
| #7 | MENS 50 FREE             | _____ |

\*\*\*RETURN FORM TO YOUR COACH NO LATER THAN WED. SEPTEMBER 23<sup>rd</sup> (DEADLINE).