



Alamo Area Aquatic Association

www.aaaa-sa.org



Meet Information

Conducted under Sanction by USA and South Texas Swimming
Sanction Number: ST-19-13cm Posted: 12/14/18

- Meet**
- AAAA-North East New Year's Developmental Meet
 - Closed competition for AAAA North East swimmers only!
- Date(s):**
- Sunday, January 20, 2019
- Venue:**
- Davis Natatorium
 - Northeast Stadium
 - 12002 Jones-Maltsberger Road at Starcrest Drive
 - San Antonio, TX 78216
 - 210-356-6925
- Schedule:**
- Times are approximate, dependent on the conclusion of the Alamo Mile.
 - Coaches meet at 1230
 - Warm-ups begin at 1245
 - Officials meet at 1300
 - Pool cleared at 1320
 - Competition begins at 1330
- Format:**
- Timed Finals – no relays
 - All events will be seeded by time alone without regard to gender (mixed) or age
 - Swimmers entered with No Time (NT) will seeded last by lot
 - Swimmers are permitted to enter five (5) of the six (6) events
- Facility:**
- Eight FINA-width (2.75-meters) lanes
 - The competitive course has an overall minimum depth of 2.25-meters (7.5 feet), therefore the minimum water depth, measured in accordance with Article 103.2.3, is 2.25 meters at the start end and 2.25 meters (7.5 feet) at the turn end, measured one and five meters from either wall
 - The course has been professionally certified IAW 104.2.2(C) and data are on file with USA Swimming
 - 0.75-meter buffers outside lanes one and eight
 - DAKTRONICS automatic starting and timing
 - Strobe on each starting block
 - Full scoreboard with heat and event display
 - Off-deck seating for 1500 spectators
 - Concessions and swim shop in the lobby
 - Spectators and non-participating athletes are not allowed on deck at any time for any reason!
- Facility Rules, Regulations and Policies:**
- Deck changing is prohibited
 - Two-piece swim wear is prohibited
 - The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
 - There are no exceptions to this policy.
 - Violators are subject to disqualification from the meet and disbarment from the facility
 - The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition
 - Violators are subject to having their devices temporarily confiscated
 - Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks
 - Please do not stand in front of or lean against the glass railings
 - Filming is allowed ONLY from the blue railing areas.
 - Flash photography of any sort is expressly forbidden during competition
 - Times displayed on the scoreboard are never official and must not ever be regarded as such
- Age-up Date:**
- January 20, 2019
- Drones:**
- Operation of drones, or any other flying apparatus, is prohibited over the venue (pools, athlete / coach areas and open-ceiling locker rooms) any time athletes, coaches, officials and / or spectators are present.

Liability: •In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be free and held harmless from any liabilities for claims for damage arising by reason(s) arising by reason of injuries to anyone during the conduct of this meet

Sanction: •Held under the sanction of USA and South Texas Swimming
•This meet is sanctioned by South Texas Swimming and the current USA Swimming rules and any relevant sections of the current South Texas Policies and Procedures Manual will apply.
•All swimmers must be registered for 2019 with USA Swimming by the meet start date.
•Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2019 USA Swimming registration card or proof-of-membership via USA-S Deck Pass
•A coach may also present the club's official, water-marked roster from the USA Swimming club portal
•South Texas Swimming does not allow on-deck USA Swimming registrations.
•Conduct of these sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming Registration: •No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
•All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
•Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and, if possible, choose to late enter; will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass Application
•A coach may also present the club's official, watermarked roster from the USA Swimming club portal
•Current national and LSC regulations do not allow for exceptions to these policies

Cell Phone Restrictions: •The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Photographs And Videos: •No team or parent photographers will be allowed on deck.
•In the event such *media* personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
•Photographers and videographers are prohibited from the area immediately behind the starting blocks, and are specifically prohibited from making shots during the start phase of any race

Entry Restrictions: •Entrants will be selected by the AAAA North East Coaching staff
•Entering swimmers must have *never* (lifetime) achieved a 2017 – 2020 National Motivational “B” time in any event entered - please see page four (4)
•Entries with No Time (NT) are acceptable
•Entry times may be challenged and any swimmer whose time appears to be fraudulent via the National SWIMS Database will be disqualified from further participation in this meet

Entry Fees: •\$6.50 per event, which includes the \$1.25 STSI Splash Fee
•Entry fees charged to swimmers account

Entry Deadline: •Entries must be submitted via Hy-Tek Commlink File and be in the hands of the **Entries Chair** not later than 1200, Wednesday, January 9, 2019

Late/Deck Entries: •To fill empty lanes only
•No new heats will be created

Management: •Meet Manager 7.0
•**NEISD Aquatics Director**
•David Johnson
•210-356-6926
•djohns1@neisd.net

•**Meet Referee:**
•Rick Russell
•210-834-7409
•rd.russ@yahoo.com

•**Meet Director:**
•Bill Spurgeon
•210-356-6929
•wspurg@neisd.net

•**Administrative Official:**
•Mindy Donofrio
•210-391-2024
•mindy311@sbcglobal.net

•**Entries Chair:**
•Bill Spurgeon
•210-356-6925
•wspurg@neisd.net



Unaccompanied**Swimmers**

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or just start each race from within the water without the use of a backstroke ledge.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Rules:

- The 2018 USA Swimming Rules and any relevant sections of the current STSI Policies and Procedures Manual will apply

Scoring:

- Not scored

Special Needs:

- Please notify the NEISD Aquatic Center (210-356-6925) in advance of this event with the name and age of any member on your team who needs assistance to enter the pool area.
- The NEISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Coaches and / or athletes must notify the Meet Referee by the end of warm-ups if they are to be considered to be judged under Article 105 and / or if any specialized equipment is required.

Awards:

- Ribbons places one through eight

Warm-ups:

- Warm-ups will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page five (5)

Timers:

- Volunteer timers will be required

Officials:

- All 2019 certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris
- PLEASE: No short shorts, jeans or flip-flops, please
- Officials must prominently display their South Texas and USA Swimming credentials while on deck
- Wearing of name tags is strongly encouraged
- Please report to the Meet Referee in the deck level classroom at 1 300 to receive assignments



Order of Events / Maximum Time Standards

2017-2020 National Motivational "B" Times

Distances are in Yards

Sunday, January 20th at ~1330

Mixed Event Number	Girls Slower Than:	Age Group	Boys Slower Than:	Distance in Yards	Stroke
1	0:38.39	10 & U	0:38.09	50	Freestyle
	0:33.79	11 & 12	0:32.59		
	0:32.69	13 & O	0:29.99		
2	0:53.29	10 & U	0:52.09	50	Breaststroke
	0:43.09	11 & 12	0:42.89		
3	3:19.19	10 & U	3:06.69	200	Freestyle
	2:41.19	11 & 12	3:35.69		
	2:33.19	13 & O	2:22.99		
4	0:46.99	10 & U	0:47.69	50	Backstroke
	0:38.29	11 & 12	0:38.19		
5	0:47.39	10 & U	0:45.69	50	Butterfly
	0:36.69	11 & 12	0:37.09		
6	1:29.59	10 & U	1:27.79	100	Freestyle
	1:13.59	11 & 12	1:10.99		
	1:10.79	13 & O	1:05.59		



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
 - a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.