



Alamo Area Aquatic Association Meet Information

www.aaaa-sa.org

Competition conducted under Sanction of USA Swimming

Posted: 03/01/18

Sanction Number: STA-18-28



Meet Name: •2018 ST AAAA Nadadores Spring Invitational
•Slower than National "B" Competition in SCY

Meet Dates: •Sunday, April 22, 2018

Venue: •San Antonio Natatorium
•1430 West Cesar Chávez Blvd.
•San Antonio, TX 78207
•210-207-3299

**Daily
Schedule:**

Saturday and Sunday

•Doors Open @	0710
•Warm-ups begin @	0730
•Sprint lanes open @	0830
•Officials meet @	0840
•Clear Pool @	0840
•Coaches Meet @	0845
•Competition begins @	0900

Meet Format: •Timed finals
•Events will be pre-seeded by gender and time regardless of age.
•All events will be swum fastest to slowest
•Entries with No Time (NT's) will not be accepted and no refunds will be made
•Fly-over Starts may be used
•No relays
•No time trials
•The *estimated* time lines will be posted by 2100, Wednesday, April 18th.
•The meet will NOT be scored

Facility: •Eight (8)-lane, 25 yard competition course
•Daktronics automatic starting and timing
•Water Depth: The pool is five feet six inches deep at the diving end and four feet six inches at the turn end
•Both measured at one and five-meters from either end wall in accordance with Article103.2.3.
•The pool has not been surveyed and certified in accordance with USA Swimming Rule 104.2.2C(4).
•South pool will be available for warm-up and cool-down
•The diving well will be closed.
•Deck changing is prohibited
•Violators are subject to disqualification from the meet and disbarment from the facility

Entries Open: •1200 Wednesday, April 4th for AAAA teams
•1200 Friday, April 6th for all other teams

**Entry Deadline
For all Teams:** •1200, Tuesday, April 10th

Age-up-Date: •Sunday, April 22, 2018

Awards: •Ribbons first through eighth place for respective age groups: 8 and under, 9 and 10, 11 and 12
•No awards for 13 and over.

Drones: •Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
•Exceptions may be granted with prior written approval by the Program and Events Chair or designee.

Liability: •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the San Antonio Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.
•Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

- Sanction:**
- Held under the sanction of USA Swimming
 - This meet is sanctioned by South Texas Swimming and the current USA-S rules and any relevant sections of the current South Texas Policies and Procedures Manual will apply.
 - All swimmers must be registered for 2018 with USA Swimming by the meet start date.
 - Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2018 USA Swimming registration card or proof-of-membership via USA-S Deck Pass
 - A coach may also present the club's official, water-marked roster from the USA Swimming club portal
 - South Texas Swimming does not allow on-deck USA Swimming registrations.
 - Conduct of these sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming

- Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2018) registered with USA Swimming
 - No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
 - All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
 - Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass Application
 - A coach may also present the club's official, watermarked roster from the USA Swimming club portal
 - Current national and LSC regulations do not allow for exceptions to these policies

Cell Phone

- Restrictions:**
- The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.
 - There are no exceptions to this prohibition.
 - Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Photographs

- And Videos:**
- No team or parent photographers will be allowed on deck.
 - In the event such media personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
 - Photographers and videographers are prohibited from the area immediately behind the starting blocks

Entry

- Procedures:**
- The **only** acceptable mode of entry is via Hy-Tek Commlink File
 - Hardcopy (PDF) **MUST** accompany entry file
 - Entries received without a seedtime will not be entered into the meet and fees will not be refunded
 - Please e-mail entries to the Entry Chair noted below
 - An HYV File for importing events into Team Manager is available on the AAAA Web Site at: www.aaaa-sa.org.

E-Mail

- Entries:**
- Entries in Commlink Format only, MUST be submitted to: Don Walker at: dmw15479@aol.com
 - E-mail submissions to any other address cannot be accepted.
 - The Commlink File must be renamed to clearly identify the entering team, the shorter the better
 - Athletes included in improperly identified Commlink Files (Cfile0X.cl2orzfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
 - Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (PDF) and Meet Entry Fees Report (PDF) is received as an attachment to the e-mail address or hand-delivered.

Entry

- Restrictions:**
- This Meet is open to all 2018 Registered USA-Swimming athletes or FINA in strict accordance with the current USA Swimming Rules and Regulations Article 202.8.1A
 - Age as of Sunday, April 22, 2018 determines age for the entire meet
 - Maximum of five (5) events per day
 - All entries must include a seedtime
 - Entries received without a seedtime (NT) will not be accepted and no refunds will be made
 - Entries will be processed in the order received
 - In order to comply with the Four-Hour Rule, entries may be capped at 350 swimmers

Entry Fees:

- \$8.00 per Individual event / No refunds. (Entry fee includes the STSI \$1.25 Splash Fee)
- Late entries -\$16.00 per event / No refunds. (Entry fee includes the STSI \$1.25 Splash Fee)
- Checks payable to: **San Antonio Nadadores**
- Please send payments to:
 - Donald Walker
 - 18419 Crossprairie
 - San Antonio, TX 78258

Late/Deck**Entries:**

- All late/deck entries will be to fill open lanes only – no new heats will be created
- Late / deck entries close 30 minutes before the start of the session.

Qualifying**Times:**

- Swimmers must have never (lifetime) achieved a National Motivational “B” for any event entered.
 - Does not apply to eight (8) and Unders as there are no National Time Standards for that Age Group
 - Please see the Order of Events on page four (4)
- Entry times may be challenged and if found fraudulent IAW the SWIMS National Database, the swimmer will be disqualified from the meet and entry fees will not be refunded

Meet**Management:**

- Hy-TekMeetManager6.0

•Meet Director:

- Donald Walker
- 210-861-0789
- dmw15479@aol.com

•Meet Referee:

- Tom Schultz
- 210-284-8116
- tschultz@gvtc.com

•Entries Chair:

- Donald Walker
- 210-861-0789
- dmw15479@aol.com

•Administrative Official:

- Bill Spurgeon
- 210-363-7506
- coachspurg@gmail.com

Unaccompanied**Swimmers:**

- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.
- When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement

Rules:

- Part One (Technical Rules), of the 2017 USA Swimming Rules and any relevant sections of the current version of the STSI Policies and Procedures Manual will apply to this competition

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures on page five (5)

Unaccompanied**Swimmers:**

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Special Needs:

- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Please notify the San Antonio Natatorium (210-207-3299) in advance of this meet with the name and age of any member on your team who needs assistance to enter the building.
- The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use the facility.
- In any meets sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article105.
- Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferably at the time entries are submitted, if any specialized equipment is required and/or if they are to be considered for judging under Article105.

Timers:

- The Meet Host will attempt to provide backup timers, but additional help will be needed and volunteers will be welcome and appreciated.

Officials:

- All 2018 STSI certified and in-training USA Swimming registered officials are cordially invited to participate
- The uniform: White collared shirts or blouses over khaki trousers, Bermuda-length shorts or capris.
 - PLEASE: No short shorts, jeans, cut-offs or flip-flops.
- Please report to the Meet Referee according to the Daily Schedule on page one (1) to receive assignments
- The wearing of name tags is strongly encouraged



Order of the Events / Distances in Yards

Sunday, April 22nd @ 0900					
Girls Ev. No.	Slower Than:	Age:	Distance & Stroke	Slower Than:	Boy's Ev. No.
1	---	8 & U	200 Freestyle	---	2
	3:19.19	9 & 10		3:06.69	
	2:41.19	11 & 12		2:35.69	
	2:33.19	13 & O		2:22.99	
3	---	8 & U	50 Freestyle	---	4
	0:38.89	9 & 10		0:38.09	
	0:33.79	11 & 12		0:32.59	
	0:32.69	13 & O		0:29.99	
5	---	8 & U	100 Breaststroke	---	6
	1:58.09	9 & 10		1:53.59	
	1:34.39	11 & 12		1:32.49	
	1:28.69	13 & O		1:21.39	
7	---	8 & U	50 Backstroke	---	8
	0:46.99	9 & 10		0:47.69	
	0:43.09	11 & 12		0:42.89	
9	---	8 & U	100 Butterfly	---	10
	1:53.99	9 & 10		1:52.39	
	1:25.09	11 & 12		1:23.29	
	1:16.89	13 & O		1:11.49	
11	---	8 & U	100 Freestyle	---	12
	1:29.59	9 & 10		1:27.79	
	1:13.59	11 & 12		1:10.99	
	1:10.79	13 & O		1:05.59	
13	---	8 & U	100 Individual Medley	---	14
	1:42.59	9 & 10		1:39.39	
	1:24.39	11 & 12		1:20.89	
15	---	8 & U	50 Breaststroke	---	16
	0:53.29	9 & 10		0:52.09	
	0:43.09	11 & 12		0:42.89	
17	---	8 & U	100 Backstroke	---	18
	1:41.99	9 & 10		1:40.19	
	1:25.19	11 & 12		1:22.19	
	1:17.19	13 & O		1:12.09	
19	---	8 & U	50 Butterfly	---	20
	0:47.39	9 & 10		0:45.69	
	0:36.69	11 & 12		0:37.09	
21	---	8 & U	200 Individual Medley	---	22
	3:38.49	9 & 10		3:35.49	
	3:00.69	11 & 12		2:57.59	
	2:51.49	13 & O		2:39.99	

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.