

Alamo Area Aquatic Association Meet Information

www.aaaa-sa.org

Posted 09/01/17

24-hour clock observed!



- Meet Name:** •2017 ST AAAA Nadadores Short Course Slower than “BB”
- Meet Dates:** •Saturday and Sunday, November 11 and 12, 2017
- Entries Open:** •1200 Wednesday, October 25th, for AAAA teams
•1200 Thursday, October 26th for all other teams
- Entry Deadline:** •2000, Tuesday, October 31st
- Sanction Number:** •STA-17-76
- Venue:** •San Antonio Natatorium
•1430 West Cesar Chávez Blvd.
•San Antonio, TX 78207
•210-207-3299
- Facility:** •Eight (8)-lane, 25 yard competition course
•Daktronics automatic starting and timing
•The pool has not been surveyed and certified in accordance with USA Swimming Rule 104.2.2C(4).
•South pool will be available for warm-up and cool-down
•The diving well will be closed.
- Water Depth** •The pool is five feet six inches deep at the diving end and four feet six inches at the turn end
•Both measured at one and five-meters from either end wall in accordance with Article 103.2.3.
- Meet Format:** •Timed finals
•**Events 400-yards and longer will be DECK SEEDED**, fastest to slowest, by time regardless of **age and gender** and require a Positive Check-in 30 minutes before the start the session.
•Events 200-yards and less will be pre-seeded, fastest to slowest by time and gender regardless of age.
•Entering swimmers must enter with a time as No Time (NT’s) will not be accepted.
•Fly-over Starts may be used
•No relays
•No time trials
•The *estimated* time lines will be posted by 2100, Tuesday, November 7th.
- Qualifying Times:** •Swimmers must have never (lifetime) achieved a National Motivational “BB” for any event entered.
•Entry times may be challenged and if found fraudulent IAW the SWIMS National Database, the swimmer will be disqualified from the meet and entry fees will not be refunded
- Awards:** •Ribbons first through eighth place for respective age groups: 8 and under, 9 and 10, 11 and 12
•No awards for 13 and over.
- Entry Fees:** •\$6.50 per Individual event / No refunds. (Entry fee includes the STSI \$1.25 Splash Fee)
•Late entries -\$15.00 per event / entries via email (non-team manager)-\$10.00 per event
•Checks payable to: **San Antonio Nadadores**
•Please send payments to:
•**Donald Walker**
•**18419 Crossprairie**
•**San Antonio, TX 78258**
- Late/Deck Entries:** •All late / deck entries will be to fill open lanes only.
•All late / deck entries close when the positive check-in closes 30 minutes before the start of the session.
- Entry Restrictions:** •This Meet is open to all 2017 or 2018 Registered USA Swimming athletes or FINA in strict accordance with the current USA Swimming Rules and Regulations Article 202.8.1A
•Age as of Saturday, November 11th, 2017 determines age for the entire meet
•Maximum of five (5) events per day
•All entries must include a seed time
•Entries received without a seed time (NT) will not be accepted and no refunds will be made
•Entries will be processed in the order received
•In order to comply with the Four-Hour Rule, entries will be capped at 350 swimmers

Entry

Procedures:

- The **only** acceptable mode of entry is via Hy-Tek Commlink File
- Hard copy (PDF) **MUST** accompany entry file
- Entries received without a seed time will not be entered into the meet and fees will not be refunded
- Please e-mail entries to the Entry Chair noted below
- An HYV File for importing events into Team Manager is available on the AAAA Web Site at: www.aaaa-sa.org.

E-Mail

Entries:

- Entries in Commlink Format only, MUST be submitted to: Don Walker at: dmw15479@aol.com
- E-mail submissions to any other address cannot be accepted.
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (PDF) and Meet Entry Fees Report (PDF) is received as an attachment to the e-mail address or hand-delivered.

Meet

Management:

- Hy-Tek Meet Manager 6.0

• Meet Director:	• Meet Referee:	• Entries Chair:	• Administrative Official:
•Donald Walker	•Tom Schultz	•Donald Walker	•Bill Spurgeon
•210-861-0789	•210-284-8116	•210-861-0789	•210-356-6929
• dmw15479@aol.com	• tschultz@gvtc.com	• dmw15479@aol.com	• wspurg@neisd.net

Timers:

- Volunteer timers will be needed.
- Competitors in the 500 freestyle must provide their own backup timers and lap counters
- Competitors in the 400 I-M must provide their own backup timers

Scratch

Rules:

- There is no penalty for scratching from pre-seeded events

Liability:

- In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the San Antonio Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.
- Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Sanction:

- Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual will apply
- All swimmers must be registered as athletes for 2017 or 2018 with USA Swimming by the meet start date.
- Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2017 or 2018 USA Swimming registration card
- A coach may present the club's official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app
- South Texas Swimming does not allow on-deck USA Swimming registrations
- Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.

Cell Phone

Restrictions:

- The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.
- There are no exceptions to this prohibition.
- Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Deck Changing:

- Deck changing is prohibited

Photographs

And Videos:

- No team or parent photographers will be allowed on deck.
- In the event such personnel from the media are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
- Photographers and videographers must stay out of the area immediately behind the starting blocks, and are specifically prohibited from taking photographs during the start phase of any race

Drones:

- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Exceptions may only be granted with prior written approval by the Program Operations Vice Chair.

Unaccompanied

Swimmers:

- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.
- When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

USA Swimming

Registration:

- All swimmers, coaches, and officials participating in this competition must be currently (2017 or 2018) registered with USA Swimming
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card
- A coach may also present the club’s official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app.
- Current National and LSC regulations do not allow for exceptions to these policies
- South Texas Swimming does not allow on-deck USA Swimming registrations

Special

Needs:

- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Please notify the San Antonio Natatorium (210-207-3299) in advance of this meet with the name and age of any member on your team who needs assistance to enter the building.
- The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use the facility.
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105.
- Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferable at the time entries are submitted, if any specialized equipment is required and / or if they are to be considered for judging under Article 105.

Officials:

- All 2017 or 2018 STSI certified and in-training USA Swimming registered officials are cordially invited to participate
- The uniform is: White polo shirts or blouses over khaki trousers, Bermuda-length shorts or Capris.
- PLEASE: No short shorts, jeans, cut-offs or flip-flops.
- Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of any session to receive assignments
- The wearing of name tags is strongly encouraged

Daily

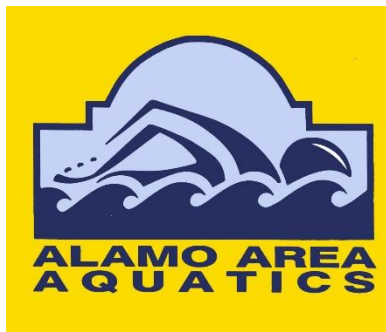
Schedule:

Saturday and Sunday

- | | |
|------------------------|------|
| •Doors Open | 0710 |
| •Warm-ups begin | 0730 |
| •Positive Check-ins by | 0830 |
| •Clear Pool | 0840 |
| •Coaches’ Meeting | 0845 |
| •Competition begins | 0900 |

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page five (5).
- Warm-up lanes will be assigned
- Information will be sent to entering teams no later than 2100 on Tuesday, November 7th.



Order of the Events / Distances in Yards

Saturday, November 11th at 0900					
Girl's Event Number	Slower Than:	Age Group	Stroke and Distance	Slower Than:	Boy's Event Number
1	N/A	8 and U	100 Breaststroke	N/A	2
	1:44.99	9 and 10		1:41.89	
	1:27.39	11 and 12		1:25.49	
	1:22.39	13 and O		1:15.59	
3	N/A	8 and U	100 Butterfly	N/A	4
	1:39.09	9 and 10		1:37.99	
	1:18.29	11 and 12		1:16.49	
	1:11.39	13 and O		1:06.39	
5	N/A	8 and U	100 Individual Medley	N/A	6
	1:31.69	9 and 10		1:29.39	
	1:18.39	11 and 12		1:14.99	
7	2:43.99	11 and 12	200 Backstroke	2:40.29	8
	2:35.39	13 and O		2:25.89	
9	N/A	8 and U	50 Freestyle	N/A	10
	0:35.19	9 and 10		0:34.49	
	0:31.49	11 and 12		0:30.29	
	0:30.29	13 and O		0:27.89	
11	N/A	8 and U	50 Backstroke	N/A	12
	0:41.89	9 and 10		0:42.39	
	0:35.59	11 and 12		0:35.29	
13	N/A	8 and U	200 Freestyle	N/A	14
	2:57.39	9 and 10		2:47.99	
	2:29.69	11 and 12		2:24.59	
	2:22.19	13 and O		2:12.79	
15	5:56.79	11 and 12	400 Individual Medley	5:46.39	16
	5:39.69	13 and O		5:17.39	

PLEASE NOTE:

The 400-yard Individual Medley requires a positive check-in by 0830 and will be seeded on deck, gender-mixed, fastest to slowest and without regard to age

Swimmers in the 400-yard Individual Medley must provide their own backup timers.

Order of the Events / Distances in Yards

Sunday, November 12th at 0900

17	2:47.89	11 and 12	200 Butterfly	2:43.99	18
	2:37.89	13 and O		2:26.99	
19	N/A	8 and U	50 Breaststroke	N/A	20
	0:47.49	9 and 10		0:46.59	
	0:39.99	11 and 12		0:39.59	
21	N/A	8 and U	100 Backstroke	N/A	22
	1:30.69	9 and 10		1:29.69	
	1:18.49	11 and 12		1:15.79	
	1:11.69	13 and O		1:06.89	
23	N/A	8 and U	200 Individual Medley	N/A	24
	3:15.59	9 and 10		3:13.19	
	2:47.79	11 and 12		2:44.19	
	2:39.19	13 and O		2:28.59	
25	N/A	8 and U	50 Butterfly	N/A	26
	0:41.79	9 and 10		0:40.49	
	0:34.09	11 and 12		0:34.19	
27	N/A	8 and U	100 Freestyle	N/A	28
	1:19.99	9 and 10		1:18.79	
	1:08.29	11 and 12		1:05.89	
	1:05.79	13 and O		1:00.89	
29	3:08.59	11 and 12	200 Breaststroke	3:00.99	30
	2:58.29	13 and O		2:45.59	
31	N/A	8 and U	500 Freestyle	N/A	32
	7:35.49	9 and 10		7:26.99	
	6:38.39	11 and 12		6:27.49	
	6:20.09	13 and O		5:58.99	

PLEASE NOTE:

The 500-yard Freestyle will require a positive check-in by 0830, will be seed on deck, gender-mixed, fastest to slowest without regard to age.

Swimmers in the 500-yard Freestyle must provide their own lap counters and backup timers.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
 - d. Dive sprints may only be done under the direct supervision of the coach.
 - e. There will be no diving in the general warm-up lanes—circle swimming only.
 - f. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.